

MOTHER! LOOK AT CHILD'S TONGUE

If cross, feverish, constipated, give "California Syrup of Figs"

A laxative today saves a sick child tomorrow. Children simply will not take the time from play to empty their bowels, which become clogged up with waste, liver gets sluggish; stomach sour.

Look at the tongue, mother! If coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat heartily, full of cold or has sore throat or any other children's ailment, give a teaspoonful of "California Syrup of Figs," then don't worry, because it is perfectly harmless, and in a few hours all this constipation, sour bile and fermenting waste will gently move out of the bowels, and you have a well, playful child again. A thorough "inside cleansing" is oftentimes all that is necessary. It should be the first treatment given in any sickness.

Beware of counterfeit fig syrups. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.

Remarkable Dredges.

Boulders of great size were recently lifted bodily out of the Panama canal by the two massive dredges which were built to cope with the Cucaracha slide in the Culebra cut, says Popular Mechanics. In many instances rocks of tremendous weight were handled by the steel-armed engine almost as if they were pebbles. Recently one of these boulders, weighing 40 tons, was lifted out of the water and swung to one side free of the channel in one load. The bucket which held it has a capacity of 15 cubic yards or approximately 12 wagonloads.

SAGE TEA AND SULPHUR DARKENS YOUR GRAY HAIR

Look Years Younger! Try Grandma's Recipe of Sage and Sulphur and Nobody Will Know.

Almost everyone knows that Sage Tea and Sulphur properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray; also ends dandruff, itching scalp and stops falling hair. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome.

Nowadays we simply ask at any drug store for "Wyeth's Sage and Sulphur Hair Remedy." You will get a large bottle for about 50 cents. Everybody uses this old, famous recipe, because no one can possibly tell that you darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning the gray hair disappears, and after another application or two, your hair becomes beautifully dark, thick and glossy and you look years younger. Adv.

New Tautologies.

"That proposition is self-evident," said W. P. Hutchinson, the Japanese consul at Mobile, in the course of a military argument. "It is so self-evident as to be almost tautological."

"A boy," he added, smiling, "asked his father the other day what tautology meant."

"Tautology, son," the father answered, "is any such phrase as 'broken resolution,' 'indicted director,' 'poor author,' 'generous magazine editor,' or 'retiring Austrians.'"

Weeks' Break-Up-A-Cold Tablets
A guaranteed remedy for Colds and La Grippe. Price 25c of your druggist. It's good. Take nothing else—Adv.

He Knew.

The teacher was giving the geography class a lesson on the cattle ranches. She spoke of their beef all coming from the West, and wishing to test the children's observation, she asked:

"And what else comes to use from these ranches?"

That was a poser. She looked at her shoes, but no one took the hint she tried again:

"What do we get from the cattle besides beef?"

One boy eagerly raised his hand. "I know what it is. It's tripe!" he announced.—Youth's Companion.

He Was Right.

Teacher—Tommy, how is the earth divided?

Tommy—Mostly by earthquakes, ma'am.

On the Rocks.

Robinson—I hear you fell out with the bank.

Jackson—Yes; but I lost my balance.

FRUIT TREE FARMERS

Much Damage Done by Borers and Other Pests.

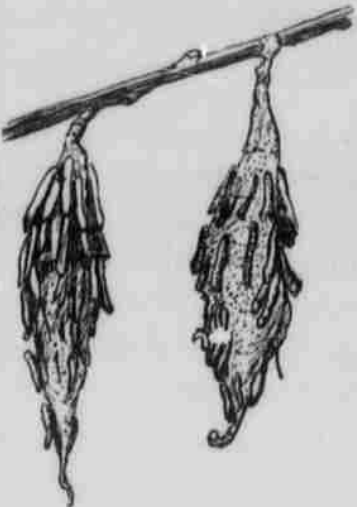
Trees Should Be Examined and Every Egg Mass, Cocoon, or Any Covering in Which Insects Hide Should Be Removed.

(By W. E. HUMREY.)

The treatment which an orchard tree receives during the first few years of its growth often determines to a considerable degree the profitability of its bearing life. If allowed to become weak and stunted, as a result of attacks of insects, it may live on from year to year, but will probably never fully recover. Many young trees are killed outright by borers and such pests, or so seriously injured that they soon succumb to droughts or are broken down by storms.

A young orchard that is not protected from these enemies is likely soon to show many missing trees, and those remaining will be irregular in size and will lack uniformity in shape, vigor and productivity. If the neglect is continued, these defects will become more and more apparent as the orchard advances in age. It is essential, therefore, in establishing a good orchard, that the trees not only come from the nursery free from harmful insects and insect injuries, but that they may be kept so.

Young trees are less able to withstand severe injuries than are old ones, but they are, likewise, more easily protected. Their small size makes it an easy matter to examine them for, and to remove, borers. They can be sprayed quickly and effectively, and such insects as tent-caterpillars, web-worms and bag-worms can be re-



Bag-Worm Cases.

moved from their branches by hand with but very little cost and trouble or expense. It is possible, too, with very little cost and labor, to protect the trunks from the ravages of mice and rabbits, and from the adult borers during the egg-laying season.

The bag-worm is a peculiar insect which may be quite easily controlled by a little care and precaution during the winter months. It winters in the egg stage in the old female bag. In spring the young hatches and begins at once to feed on the nearest leaf, constructing, meanwhile, a case to cover its own body. The case is composed of web and bits of stick and is carried by the caterpillar wherever it goes. As the caterpillar grows the case, or bag, is enlarged, and when growth is completed it attaches the bag to a twig by a strong silken band and changes within to a pupa.

The favorite food of the bag-worm is arbor vitae and other evergreens. The caterpillars multiply on such trees and become exceedingly abundant, when they often extend their ravages to fruit and other deciduous trees.

SELECTION OF BROOD SOWS

Great Mistake to Breed Gifts Under Eight Months of Age—Well-Formed Tests Essential.

(By R. G. WEATHERSTONE.)

We believe it is a great mistake to breed gilts under eight months although many farmers breed them at five months.

A gilt at five months is not fully developed and cannot, therefore, produce pigs with the greatest vitality.

A gilt bred too young can never recover the vitality she loses at that time and while some farmers say that they produce good pigs, they probably do not know how much better ones they might have had they been bred three months later.

Never select for a brood sow one that has a long face and a wild eye and nervous manner. The quiet kind with plenty of room for food make the best mothers.

It is very important in selecting a brood sow to see that she has well-formed teats on both sides.

AMOUNT OF WATER IN SOIL

While Moisture is an Absolute Necessity to Plants an Excess is as Bad as a Deficiency.

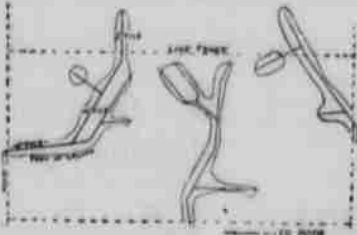
(By E. R. JONES.)

Of the several conditions which influence the growth of crops none is more important than the amount of water in or on the soil. While water in a thin film around the soil grains is an absolute necessity to plants, an excess is as bad as a deficiency. Too much water is detrimental because:

1. It makes areas so soft that they cannot be cultivated. When these soft places are long and narrow in form, they cut the upland into irregular pieces that cannot be cultivated conveniently.

2. It delays cultivation, particularly in the spring.

3. It makes soils cold; (a) because in the spring more than half of the heat that the soil receives is used to warm this unnecessary water; (b) be-



On an 80-Acre Field Three Systems of Tile Drainage Were Necessary. This Shows the Advantage With Which Two Neighbors Can Co-operate in Putting in a Line of Tile. An Obstacle So Trivial as a Line Fence Should Not Be Permitted to Prevent Economical Drainage. The Owner of This Land Says That Tile Pays for Itself Every Year and That \$200 Expended on Tile Has Raised the Value of the 80 Acres \$1,000.

cause its evaporation consumes heat that the soil could otherwise retain; (c) because its presence in the soil prevents the entrance and downward movement of rainfall, which in the spring is usually warmer than the soil.

4. It crowds out the oxygen from between the soil grains, thus hindering the necessary decomposition of organic matter in the soil.

5. It prevents all crop growth where it stands on the soil to a sufficient depth. Where it stagnates only a few inches from the surface of the soil, it prevents healthy root development below that depth. The shallow root system thus developed limits the depth from which the plant may get water, and with it plant food material.

PURE-BRED POULTRY IS BEST

Keep Fowls Busy and Singing and They Will Reward Owner With Eggs in Ample Abundance.

Do not make the mistake of running a mongrel flock of mixed colors, sizes, breeds, etc. Get one good, pure breed—the medium size, dark-colored American breeds are best for the farmer, furnishing eggs, meat and good mothers and setters, and, not being imbued with the spirit of investigation, they stay on earth minding their own affairs instead of ruining yours in the garden and fruit trees. Watch your birds and be on the lookout for any sign of langoir, remembering "a stitch in time saves nine." Keep your birds busy and singing and they will reward you with eggs in abundance.

Feed for Turkeys.

Turkeys enjoy a change of food and often will not eat at all unless they get it. They like cracked corn, but don't let them have it oftener than once a day, as a little too much will produce bad results. Wheat bran is good, also grass and garlic cut up in their food, but sometimes they will not eat it.

Pruning Blackberries.

It is best to prune blackberries in the fall. Usually only five or six canes from each root should be allowed to grow, the others being pulled out while they are still small. When the canes are 2½ to 3 feet high the tips should be cut or pinched back two or three inches. This checks upward growth and many laterals push out. These laterals bear the fruit the following season.

Cause of Potato Failure.

Some of the things that cause the failure of potato hills are poor soil, improper preparation, poor seed, irregular planting, poor cultivation, bugs, diseases and poor weather. Many of these conditions are controllable; all of them may be influenced by proper methods of culture.

Get Rid of Poor Cows.

A good cow in the hands of a poor dairyman is a poorer proposition than a poor cow in the hands of a good dairyman.

Both are very poor combinations, and a good dairyman will not keep a poor cow more than one season.

FOR THE SUCCULENT CARROT

Six Ways of Serving Vegetable That Should Be of More General Consumption.

Creamed Carrots.—Scrape and wash the carrots, cut in thin slices crosswise; boil in salted water until tender, drain off the water, cover with sweet milk, add salt to taste and a small piece of butter. Thicken with a spoonful of flour to the consistency of good cream.

Carrot Croquettes.—Boil four large carrots until tender; drain and rub through sieve; add one cupful of thick white sauce, mix well and season to taste. When cold, shape into croquettes, and fry same as other croquettes.

Carrot Soup.—One quart of thinly sliced carrots, one head of celery, three or four quarts of water, boil for two and one-half hours; add one-half cupful of rice and boil for an hour longer; season with salt and pepper and a small cupful of cream.

Carrot Pie.—Scrape and boil the carrots until very tender, then mash thoroughly, and to one cupful of carrot add one pint of milk, one-half teaspoonful each of salt, cinnamon and ginger, one well-beaten egg, sugar to sweeten to taste. Bake slowly in one crust like squash pie.

Carrot Preserve.—Boil the carrots until tender; peel and slice them and to each pound add one pound of granulated sugar and one-half cupful of water; flavor with lemon. Simmer slowly until rich and thick, then seal.

Carrot Marmalade.—Boil the carrots until perfectly tender, then mash to a fine smooth pulp, add to each pound allow one pound of sugar, six almonds, the grated rind of one lemon and the juice of two and a few drops of almond flavoring. Bring to a boil gradually, and let boil, stirring constantly for five minutes; then pour into jars and seal.

DAINTY BASKET OF MACARONI

For the Luncheon Table or the Afternoon Tea This is a Delicious Confection.

Take two cupfuls sugar, one cupful boiling water and one-eighth teaspoonful cream of tartar. Put ingredients in a smooth saucepan, stir, place on range and heat to boiling point. Boil without stirring until sirup begins to dissolve. Remove from fire and place in larger pan of cold water to instantly stop boiling. Remove from cold water and place in a saucepan of hot water. Now dip macaroni in sirup at regular intervals close to edge and put two together. When firm add a third macaroni and so on until a circle is formed large enough for base of basket.

Over these fit another layer of macaroni and over the second layer a third one. Make a handle of stretched candy twisted, and adjust same. Arrange basket on small plate, fill with ice cream, garnish with whipped cream, flavored and sweetened, and surround with holly.—Exchange.

Wash Chambray and Doeskin Gloves.
The secret of success in washing chambray and doeskin gloves lies in using lukewarm or cool water—better cool than even a few degrees too warm.

That, at least, is one of the secrets; the other is to use soapy water. The soaper the water, providing it is of the right temperature, the silkier and softer the gloves will be. They should first be freed from all dirt in a soap bath, and then put through another soapy bath in order that they may be rinsed from the dirt set free. They should then be pressed and squeezed in a thick towel until they are free from soap and water as nearly as possible. Then they are ready to be hung to dry in a cool, dry place. Never hang them near a fire, and never hang them in the sunshine if you would have them soft and pliable after laundering.

Stuffed Celery.

Wash tender celery hearts and put them into cold water to become crisp. Mash fresh cream cheese, then add chopped nuts and chopped olives to taste. Stuff the celery just before serving and serve with toasted crackers.

More Comfortable Shoes.

Paste a round piece of black velvet inside your low-cut shoes when they begin to stretch, and you will not be bothered with them slipping up and down.

Soup for Invalids.

Cut into small pieces one pound of beef or mutton or a part of both. Boil it gently in two quarts of water. Take off the scum and when reduced to a pint strain it and season with a little salt. Give one teaspoonful at a time.

Odd Use for Coffee Grounds.

Needles and pins will never rust if kept in a cushion filled with coffee grounds. Rub the grounds in coffee water, spread on a sheet of paper to dry thoroughly, and then stuff the cushion.

"CASCARETS" FOR LIVER, BOWELS

For sick headache, bad breath, Sour Stomach and Constipation.

Get a 10-cent box now.

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable and uncomfortable you are from constipation, indigestion, biliousness and sluggish bowels—you always get the desired results with Cascarets.

Don't let your stomach, liver and bowels make you miserable. Take Cascarets to-night; put an end to the headache, biliousness, dizziness, nervousness, sick, sour, gassy stomach, backache and all other distress; cleanse your inside organs of all the bile gases and constipated matter which is producing the misery.

A 10-cent box means health, happiness and a clear head for you. No more days of gloom and if you will take a Cascaret now then. All stores sell Cascarets—forget the children—their little insides need a cleansing, too. Adv.

Jays of Fishing.

Bacon—I see natives of the eastern slopes of the Andes, in Bolivia, scatter the juice of a tree on streams to render fish insensible so they can be caught by the hands.

Egbert—But it can't be much like fishing unless a fellow has to wait the greater part of the day for the fish to become insensible.

"Allies."

Should we say "allies" with a stress upon the first syllable or on the second? Of course, the second is in either case long, but what about the stress? To put it on the first syllable is to make one of the few good English spondee we have. On the other hand, this manner of pronouncing will not do for Wordsworth's greatest sonnet—"Thou hast great allies." It is to be noted that the American custom does not accord with Wordsworth.—London Chronicle.

Long Overdue.

Natives of Italy must be very prompt in keeping engagements, especially invitations to dine. At least, we get that impression from an Italian paper, which records the following conversation between two fellow-countrymen:

"Signor Shaffet must be very sick."

"Why do you think so?"

"Why, I invited him to supper to-night at eight, and it is already five minutes of, and he hasn't come yet!"—Youth's Companion.

Long Ago.

Barber—Hair dyed, sir?
Customer (bald headed)—Yes; it died about ten years ago.

Mother's present to father will be something she can use—as usual.

BAD DREAMS

Caused by Coffee.

"I have been a coffee drinker, more or less, ever since I can remember, until a few months ago I became more and more nervous and irritable, and finally I could not sleep at night for I was horribly disturbed by dreams of all sorts and a species of distressing nightmare.

Finally, after hearing the experience of numbers of friends who had quit coffee and were drinking Postum, and learning of the great benefits they had derived, I concluded coffee must be the cause of my trouble, so I got some Postum and had it made strictly according to directions.

"I was astonished at the flavor and taste. It entirely took the place of coffee, and to my very great satisfaction, I began to sleep peacefully and sweetly. My nerves improved, and I wish I could wean every man, woman and child from the unwholesome drug—coffee.

"People do not really appreciate or realize what a powerful drug it is and what terrible effect it has on the human system. If they did, hardly a pound of coffee would be sold. I would never think of going back to coffee again. I would almost as soon think of putting my hand in a fire after I had once been burned. Yours for health."

Postum comes in two forms:

Regular Postum—must be well boiled. 15c and 25c packages.

Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

The cost per cup of both kinds is about the same.

"There's a Reason" for Postum.

—sold by Grocers.